

Locations and Hours

In Thorncliffe Park

45 Overlea Blvd

1-855-421-3054

Mon – Fri: 9 am – 5 pm

Sat: 10 am – 5 pm

In Flemingdon Park

10 Gateway Blvd, Suite 104

416-424-2900

Mon – Fri: 9 am – 5 pm

In Taylor Massey

Crescent Town Club

Unit 2A The Market Place

416-690-6385

Mon – Fri: 9 am – 5 pm

In St. James Town

St. James Town Community Corner

200 Wellesley St E

416-964-6657

Mon – Sat: 9 am – 5 pm

Scan QR code to access our calendar



Who Is Eligible?

We offer our Settlement Services to any individual aged 16 or older who is new to Canada and requires support in adapting to life in Ontario. Our individualized services support diverse groups, including- but not limited to- the 2SLGBTQIA++ community, refugees, temporary foreign workers, caregivers, and international students.

Contact Information

Malini Singh

Manager of Newcomer Support Services

msingh@tno-toronto.org

1-855-421-3054 x 1235

Jennifer Rajasekar

Manager of Newcomer Support Services

jrajasekar@tno-toronto.org

1-855-421-3054 x 2201

We also offer services at:

School Boards

Toronto Public Libraries

City of Toronto Sites

Colleges and Universities

For more information, please email

settlement@tno-toronto.org

or call 1-855-421-3054



Settlement Services for Newcomers

Programs are offered in-person and by telephone, email and online by multilingual staff



Funded by:

Immigration, Refugees and Citizenship Canada

Financé par :

Immigration, Réfugiés et Citoyenneté Canada

What are Settlement Services?

TNO provides free services to help newcomers successfully adjust to their new community by staying informed and connected.

Our team can help newcomers find a job, learn about healthcare, navigate the education system in Ontario, seek social assistance, connect with community programs, or meet new friends. TNO's Settlement Services team is here to assist.

Information and Orientation

The program offers Information sessions and workshops to educate newcomers on topics such as housing, employment, local community resources, civic engagement, the Ontario education system, health, wellness and citizenship preparation, etc. We also offer Orientation to Ontario (O2O) workshops. Please call in or check the website to access the calendar for the workshops' schedule.



Needs Assessment and Referral Services

Based on their individual needs, newcomers will receive information on how to access these resources and many more:

- Canadian education and school system
- Citizenship and immigration
- Employment and volunteering
- Health and dental services
- Language classes
- Family benefits and social assistance
- Housing
- Assistance in filling out forms
- Support letters
- Recreational activities for students and families
- Community resources
- Support services for childcare, transportation and translation

Community Connections Groups

Cross-cultural interaction and learning which includes:

- Youth mentorship groups, homework clubs, and conversation circles.
- Newcomer Orientation Week (NOW) program for newcomer secondary school students before the start of the school year.
- Welcome and Information for Newcomers (WIN) program for newcomer middle school students and their parents one week before the start of class.



last reviewed February 10th, 2025