

# PARENT GROUP

## Picky Eating Series



**WHEN: WEDNESDAY, SEPTEMBER 7, 2022**

**1:00 - 3:00 pm**

**WHERE:**

**TNO-EarlyON Child & Family Centre  
45 Overlea Blvd. Unit 108A  
(south side of Mall)**

**Refreshments will be provided!**

**Parents and caregivers, of children, ages 0-6 years old, are welcome to join us for in-person workshops.**

### **Picky Eating - Part 1**

**Simone Quennville,  
Registered Dietician from  
Flemingdon Health Centre,  
will explain what picky eating is  
and how routines will support  
healthy eating.**

**While parents/caregivers gain valuable information, the children will engage in playtime, circle & story time and more!**

**LIMITED CAPACITY**

**FOR MORE INFORMATION,  
CALL REHANA AT 647-234-9880 OR  
EMAIL [RFERDOUS@TNO-TORONTO.ORG](mailto:RFERDOUS@TNO-TORONTO.ORG)**