

January 2019

TNO @ Flemington - Seniors Drop-In Programs and Activities

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	<p>Painting & Drawing</p> <p>Flemington Library Auditorium 1:00 PM to 2:30 PM</p>	<p>Computer Activity Virtual Reality (VR) World Watch</p> <p>Flemington Library Auditorium 1:00 PM to 2:30 PM</p>	11
14	15	<p>Arts & Crafts</p> <p>Flemington Library Auditorium 1:00 PM to 2:30 PM</p>	<p>Taichi & Meditation</p> <p>Flemington Library Auditorium 1:00 PM to 2:30 PM</p>	18
21	22	<p>Board Games & Mosaic Tile Puzzle</p> <p>Flemington Library Auditorium 1:00 PM to 2:30 PM</p>	<p>Group Dance & Exercise</p> <p>Flemington Library Auditorium 1:00 PM to 2:30 PM</p>	25
28	29	<p>Pastel Sketching</p> <p>Flemington Library Auditorium 1:00 PM to 2:30 PM</p>	<p>Music Playlist & Meditation</p> <p>Flemington Library Auditorium 1:00 PM to 2:30 PM</p>	

For further information regarding the programs and activities provided please contact Adil Patel or Prasanta Bhunya (416) 424-2900 Ext. 24

