

Food Banks & Food Resources Near Thorncliffe Park & Flemington Park

Name / Address	Food Access / Office Hours	Contact Info	Note(s)
Thorncliffe Park Food Bank 1 Leaside Park Drive, Unit 5B Toronto, ON M4H 1R1	Food Access: *Delivery Only*	Tel: 647-428-9755 Website: https://icnareliefcanada.ca/covid19	- Must call ahead - Register online using this link for food baskets that are delivered. Click "Need Food?" to register.
Flemington Park Food Bank 10 Gateway Blvd (Basement) Toronto, ON M3C 3A1	Food Access: Mon & Wed (12:00 – 3:30pm) *Must Call Ahead*	Tel: 416-422-4322 Email: info@fctfoodbank.com Website: https://www.fctfoodbank.com/	- Must call ahead
Afghan Women's Organization Food Bank 747 Don Mills Road, Unit 200 Toronto, ON, M3C 1T2	Food Access: Monday Mornings *By Appointment Only*	Maryam Ali Latif: malilatif@afghanwomen.org / 416-422-2225 Ext 227 Nooria Amiri: namiri@afghanwomen.org / 416-388-8323	- Must call and leave message for call-back - Priority for seniors / single parent families - Delivery may be possible for clients with mobility challenges
Community Share Food Bank 33 Overland Drive Toronto, M3C 2C3 (Church of the Ascension, rear entrance)	Food Access: *By Appointment Only*	Tel: 416-441-3209 Email: contact@communityfoodshare.net Website: https://www.communitysharefoodbank.ca/	- Need proof of residence in catchment area - Catchment: Highway 401 to Eglinton Ave (north side of street) and Bayview Ave (east side of street) to Victoria Park Ave (west side of street)
Meal / Grocery Delivery in East York/North York			
East York Meals on Wheels (Main Office) 2 Thorncliffe Park Drive, Unit 52 Toronto, ON M4H 1H2	Food Access: *By Delivery*	Tel: 416-424-3322 Email: info@eastyorkmealsonwheels.org Website: www.eastyorkmealsonwheels.org/	- Short-term / long-term / occasional deliveries available - Meals delivered with cost per meal (\$1.80 - \$36.40)

			- Catchment: East York
Better Living Health & Community Services (Main Office) 1 Overland Drive Toronto, ON M3C 2C3	<u>Office Hours at Overland & Gervais:</u> Mon – Fri (9am – 5pm) <u>Office Hours at Deauville:</u> Mon – Fri (9am – 4pm)	Tel: 416- 447-7244 Ext 541 Website: https://mybetterliving.ca/community-services/meals-grocery-delivery/	- Meals and grocery delivery – call for more info - Locations in M3C (Flemingdon/North York): 1 Overland Drive / 29 Gervais Drive / 5 Deauville Lane
WoodGreen Community Services (Main Office) 815 Danforth Avenue, Unit 100 Toronto, ON M4J 1L2	<u>Office Hours:</u> Mon – Fri (9am – 5pm)	Tel: 416-572-3575 Email: cccentralintake@woodgreen.org Website: www.woodgreen.org/services/programs/meals-on-wheels/	- Meal and grocery delivery with cost per meal - Serving seniors and adults with disabilities - Call / email for catchment
Food Banks with Locations Across Toronto			
Name / Address	Hours / Access	Contact Info / Website	Note(s)
Toronto-Region Branch Mobile Food Bank (Canadian Red Cross)	<u>Office Hours:</u> Mon – Fri (8:30am – 4:30pm)	Tel: 416-236-3180 Website: www.redcross.ca/in-your-community/ontario/nutrition-and-transportation/mobile-food-bank/toronto-region-branch-mobile-food-bank	- Food delivery to people unable to access food banks due to permanent or temporary disability.

<p>Daily Bread Food Bank (Head Office) 191 New Toronto Street Toronto, ON M8V 2E7</p>	<p>Food Access at food bank locations across Toronto</p>	<p>Tel: 416-203-0050 Email: info@dailybread.ca Website: https://www.dailybread.ca/need-food/</p>	<p>- Call main telephone # or view map of food banks online to find out what location is closest</p>
<p>North York Harvest Food Bank (Head Office) 116 Industry Street Toronto, ON M6M 4L8</p>	<p>Food Access at food bank locations across Toronto</p>	<p>Tel: 416-635-7771 Ext 0 Email: info@northyorkharvest.com Website: https://northyorkharvest.com/find-a-food-bank/</p>	<p>- Call main telephone # or email for closest food bank locations and hours</p>

Additional Food Resources

Grocery and Prescription Delivery in Thorncliffe Park/Flemingdon Park

Toronto Hifz Academy

- Free home delivery March 17th – April 5th
- Call or Text Hafiz Ismail Shaikh at 647-505-8622

Relief Kits / Grocery/Prescription Pick-Ups (across Toronto)

The Canadian Muslim Response Network (CMRN)

- More info and online registration: <https://covid19relief.ca/gethelp/>