



Position: Mental Health Counsellor (2)

Program: Mental Health Integrated Support Services

Full-Time - 35 hours per week, flexible between 8:30AM to 8:00PM. Evening and weekend work may be required as decided by program requirements.

TNO - THE NEIGHBOURHOOD ORGANIZATION (TNO) formerly *Thornccliffe Neighbourhood Office*, is a community based multicultural, multi-service agency, which offers a broad range of programs to serve Thornccliffe Park, Flemingdon Park, and the surrounding communities through strengthening the quality of individual and community life.

TNO is actively searching for two (2) outstanding **Mental Health Counsellors** to join our new Mental Health Integrated Support Services team.

Program Summary

The Mental Health Integrated Support Services program provides community mental health support services that assist clients in their journey toward their wellness goals by creating multiple pathways and support systems to those who are experiencing addiction and mental health challenges. Program staff engage clients in safe, caring environments throughout the neighbourhoods, with a focus on racialized community members including seniors and newcomers. The program incorporates a harm reduction approach and promotes engagement with mental health and addiction resources in culturally sensitive ways. Staff bring mental health support to the client, and leveraging trusting relationships, journey with clients to find a safe and meaningful pathway to harm reduction, healing and recovery, thereby reducing barriers to access needed mental health and addiction resources. Funded by the Toronto Central Local Health Integration Network, this program will work closely with Health Access Thornccliffe Park (HATP), an innovative partnership between Flemingdon Health Centre and TNO.

Position Summary

Reporting to the Manager, Mental Health Integrated Support Services, the **Mental Health Counsellor** will work as part of a community-based interdisciplinary team to provide one-on-one mental health support and to facilitate multi-week group sessions reflecting the unique needs of clients in non-judgmental and flexible environments. They also facilitate peer-support groups that support well-being and continuing down the road to recovery. Mental Health Counsellors make soft referrals for clients to other mental health resources in the community as needed and operate within a holistic framework that integrates social determinants of health into treatment plans.

Tasks & Responsibilities

Client care

- Provide assessment and counselling services with individuals and families including adults, youth and children.
- Provide one on one mental health support and group counselling in a non-judgmental and flexible environment.
- Facilitate multi-week group session to address isolation, improve well-being and motivate clients towards recovery.
- Create peer support groups to provide supportive environment for ongoing recovery.
- Support clients pre- and post-treatment in the neighbourhoods.
- Input data into appropriate data base as specified by the agency.
- Maintain required program records and submit required weekly and monthly reports as required.
- Coordinate activities with other TNO departments and services.

- Develop monthly work plans and activities.

Administrative and Organizational Responsibilities

- Participate in quality improvement initiatives.
- Prepare quarterly and annual report as required.
- Participate in the planning, implementation, and program evaluation.
- Participate in continuing education activities and assist in training of other team members.
- Participate in committees, team meetings, and work groups.
- Any other duties as assigned.

Community Development

- Act as a resource to the community and actively conduct outreach to the community.
- Actively participate in community development activities including advocacy, outreach and community engagement.

Qualifications and Experience

- MSW obtained from an accredited School of Social Work and current membership with OCSWSSW or Registered Psychotherapist.
- Minimum of two years' experience in mental health and/or addiction in a community based setting, health or social service organization.
- Demonstrated skills in individual and group counselling.
- Demonstrated skills in working with a broad range of patient groups and their families.
- Certified in CBT; experience in the delivery of CBT-I and CBT-P is an asset.
- Crisis and/or trauma education/certification/development is an asset.
- Additional training or certification in trauma-related therapy is an asset (e.g. EMDR).
- Strong assessment, analytical and decision making skills to identify and resolve problems, assess client needs, formulate recommendations, develop appropriate service contracts, and determine actions to address the needs of the client.
- Demonstrated experience supporting clients with mental health and substance use issues from a recovery and harm reduction approach.
- Proven ability in case management and supportive counselling skills.
- Excellent knowledge of community resources.
- Excellent organizational skills with demonstrated flexibility and adaptability to work in a fast paced/changing environment.
- Excellent interpersonal and communication skills and demonstrated ability to work autonomously as well as a part of the interdisciplinary team. Fluency in a second language is an asset.
- Demonstrates cross cultural awareness and sensitivity.
- Comfort, with technology-assisted healthcare delivery, specifically video conferencing using various platforms and devices preferred.
- Proficiency with MSOffice, designing flyers and presentations and using other office related equipment.

Working Conditions

Hours of Work - Regular hours for 35 hours per week, and flexible between 8:30AM to 8:00PM. Evening and weekend work may be required as decided by program requirements.

Location - This position will be located within any of TNO's service locations based on community and program requirements. Locations for this position may be added or moved to new addresses in the future according to the community and program requirements.

Hiring Conditions

Vaccination Requirement – As a condition of employment, TNO requires all new hires to provide proof of full vaccination against COVID-19 prior to the start date of employment. Applicants who have appropriate written proof of a medical reason, or a reason pursuant to the Ontario Human Rights Code for not being fully vaccinated against COVID-19, may provide such documentation to the Human Resources department for accommodation consideration. Such situations will be considered on a case-by-case basis.



Screening - As a condition of employment, the successful applicant must complete a Vulnerable Sector Screening.

How to apply

To apply for the position candidates are requested to send a copy of their application (cover letter, resume and any other document supporting your candidature) to Human Resources. **This position will remain open until filled.**

[CLICK HERE TO APPLY](#)

TNO – THE NEIGHBOURHOOD ORGANIZATION - 1 Leaside Park Drive, Unit, # 7 Toronto, Ontario, M4H 1R1.

TNO is committed to employment equity initiatives. We encourage residents of Thorncliffe Park, Flemingdon Park, and surrounding communities, and people who are racialized, Indigenous, people from the 2SLGBTQI+ community, people with disabilities and other equity seeking groups to apply.

TNO is an equal opportunity employer. Accommodation will be provided in accordance with the Ontario Human Rights Code. Should you require accommodation at any stage of the recruitment process, please contact 416-467-0126.

*We thank all applicants for their interest but only those selected for further consideration will be contacted.
For more information visit: <http://www.tno-toronto.org>.*