



TNO-THE NEIGHBOURHOOD ORGANIZATION
SETTLEMENT SERVICES



Multicultural Women's Group



February, 2019



Light Exercise Demo
Shibashi

February 6, 13 & 20



Healthy Soup
February 27



When: **Wednesdays 4:15 pm - 6:00 pm**

Where: **TNO, 18 Thorncliffe Park Drive**

For More Information call Madhu at 416-421-3054 ext. 235
or email mchoudhary@tno-toronto.org

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